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# Shang Han Lun On Cold Damage Translation And Commentaries

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*Shang Han Lun On Cold  
Damage Translation  
And Commentaries*

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## MCKEE DEVAN

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Gold Mirrors and Tongue Reflections  
Springer Science & Business Media  
The Essentials of Chinese Medicine is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine (CM) at the university level. The idea of writing such a text was originated from the Sino-American Consortium for the Advancement of Chinese Medicine (SACACM), which was founded in February 2000. In 1995, the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and relation. After the reunification of Hong Kong with mainland China in 1997, the Government of the Hong Kong Special Administrative Region continued the efforts to uplift the practice of CM to a fully professional level through legislation. To help bring

up a new generation of professional CM practitioners, the Hong Kong Baptist University (HKBU) obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations. In order to establish itself quickly as a rigorous provider of university level CM education, HKBU sought alliance with eight major CM universities in the Chinese Mainland, and one US university which was interested in developing CM education within its medical college. As a result, the Consortium known as SACACM was formed, with ten founding institutions from Beijing, Shanghai, Nanjing, Shandong, Guangzhou, Chengdu, Heilongjiang, Hong Kong, and the United States.

*Warm Disease Theory: Wen Bing Xue*  
Blue Poppy Enterprises, Inc.

This work deals with the medical knowledge and beliefs of cultures outside of the United States and Europe. In addition to articles surveying Islamic,

Chinese, Native American, Aboriginal Australian, Indian, Egyptian, and Tibetan medicine, the book includes essays on comparing Chinese and western medicine and religion and medicine. Each essay is well illustrated and contains an extensive bibliography.

Medicine Across Cultures BRILL

ABOUT THE BOOK: This book introduces and teaches the clinical applications of acupuncture. Using the theory of traditional Chinese medicine from the previous study such as the Classic of Internal Medicine (Nei Jing), Treatise on Cold Damage (Shang Han Lun), Synopsis of the Golden Chamber (Jin Kui Yao Lue), and Warm Disease Theory (Wen Bing Xue). Learners will be introduced to the integration of all aspects of access to various diseases and to identify the status of the diseases. This book covers the basic concepts and study of various medical conditions. Through the study of this book, learners will be expected to demonstrate the ability to diagnose and determine treatment based on the diagnosis. They will also be expected to evaluate the effectiveness of the treatment and its implementation for each patient. The causes and treatments of the diseases are explained and discussed in the book include:

Abdominal Pain, Abdominal Distension, Asthma, Arthralgia (Paralysis /Muscular Atrophy), Common cold, Cough, Constipation, Diarrhea, Dysentery, Deviation of eye and mouth, Dizziness, Edema, Epilepsy, Epigastric Pain, Facial pain, Headache, Hiccup, Impotence, Insomnia, Jaundice, Malaria, Melancholia, Manic-Depression disorder, Low back pain, Nocturnal Enuresis Prolapsed of Rectum, Palpitation, Pain in Hypochondriac region, Retention of Urine, Syncope, Stroke, Sun Stroke, Urination Disturbance and Vomiting. It

also combines the supplementary acupuncture meridians and points, list of medicinal herbals and other applications:

- The eight extraordinary vessels: 1. The Conception Vessel 2. The Governing Vessel 3. The Penetrating Vessel 4. The Girdling Vessel 5. The Yin Motility Vessel 6. The Yang Motility Vessel 7. The Yin Linking Vessel 8. The Yang Linking Vessel
- 12 primary Meridians and figures (309 acupuncture points)
- Front Mu and Back Shu points of the Meridians
- 147 medicinal herbal names and figures
- Method of acupuncture measurement
- Tongue and pulse diagnosis

*Treatise on Cold Damage Disorders*

Discussion of Cold Damage (Shang Han Lun) Commentaries and Clinical Applications

In the spring of 2007, Jason Blalack asked his mentor, Wu Bo-Ping, what was the most important Chinese medical text to translate into English. After a few moments of thought, Dr. Wu presented Jason with a tattered paperback copy of the original edition of Qin Bo-Wei's New Guidelines for Treatment (c. 1953), a manuscript that for all intents and purposes had been lost during the Cultural Revolution. That is the text that forms the framework of this exciting new book. Qin Bo-Wei (1901-1970) was among the most important physicians of the modern era. As a prominent clinician, educator, and scholar, he worked to integrate classical schools of thought and created one of the most coherent systems for understanding Chinese medicine during a critical time of intense turbulence in China's history. Wu Bo- Ping was one of Dr. Qin's students and is among the few who are still living today. Translated and presented to a Western audience for the first time, Qin's original work is enriched

by Dr. Wu's extensive commentary, which transforms it into a hands-on guide on how to effectively practice herbal medicine. An excellent clinical manual, this book primarily teaches a method of thinking that serves as a foundation for a lifelong approach to herbal medicine. An understanding of how to use the core concepts presented here allows one to effectively treat the majority of diseases seen in the contemporary clinic. The text itself is unique in its presentation and differs from other clinical manuals in a number of ways: Organized by treatment method. Teaches a way of emulating the thought underlying a prescription without being tied to its specified ingredients or original indications, thereby reflecting the thinking of Chinese medicine's greatest clinicians. Ultimately, this approach opens up treatment possibilities that are often ignored in conventional textbooks. Small number of ingredients. Dr. Qin's prescriptions contain a small number of preci

*Antiquarianism, Language, and Medical Philology* Keats Publishing

Acupuncture has become more popular in recent years because it can help many patients who have not found relief through conventional medicine. As people have become more aware of acupuncture, they have lots of questions about how and why it works. This book attempts to answer the most frequent questions our own patients have asked during their visits. A better understanding of acupuncture can help patients cooperate with their acupuncturist for faster improvement of their illness. And because acupuncture is only a branch of traditional Chinese medicine (TCM), we also introduce other aspects of Chinese medicine in this

book, including herbal therapy, cupping, bleeding, folk therapy, and more. The information of this book is based on the author's own understanding about Chinese medicine and goes far beyond the scope of the standard Chinese medicine textbooks. Therefore, professional acupuncturists will also find it useful to expand their own knowledge about Chinese medicine.

**Shang Han Lun Explained** iUniverse  
Two of the major texts in the history of tongue diagnosis are presented and put into context in this volume, reaffirming the strength of tongue diagnosis as a core diagnostic method. These key texts are made available to western readers for the first time, with typical, traditional Chinese editions reproduced alongside the translation. The author provides an excellent overview of the tongue diagnosis theories in the major classics prior to the Yuan Dynasty (1271-1368), and discusses significant developments and publications. The Gold Mirror Records, first published in 1341, was a popular manual for centuries, appearing in many editions and variations. Tongue Reflections in Cold Damage, first published in 1668, developed the field of diagnosis as a whole by adopting the analysis of tongue colour as its main principle. Both texts are introduced with meticulous English translations and notes. This seminal text will give practitioners and students of Chinese medicine a sound understanding of the theory and practice of tongue diagnosis from the early texts, and will be of interest to academic readers of classic Chinese texts.

*Integrating Korean Sasang Constitutional Medicine and Japanese Kampo Medicine* Singing Dragon

Discussion of Cold Damage (Shang Han Lun) Commentaries and Clinical

Applications Singing Dragon

**Essential of Shang Han Lun - Dr. Zhijiang Chen's Chinese Herbal Remedies Series** Routledge

In Chinese medicine there are four classics that all serious students are required to study. These include the Classic of Internal Medicine (Nei Jing), Treatise on Cold Damage (Shang Han Lun), Synopsis of the Golden Chamber (Jin Kui Yao Lue), and "Warm Disease Theory (Wen Bing Xue). Warm Disease Theory" is the most modern of the four classics. Although referred to as a classic, in this context, the term "classic" means an area of classical study rather than a single classical text. Even though there are numerous references to warm diseases in very ancient texts, warm disease was not developed as an independent system until the Qing dynasty. There were several schools of warm disease, dating from the Ming and Qing dynasties, but until the time this text was written there had never been an attempt to integrate their ideas into an overview. The five medical experts who most significantly influenced the development of Warm Disease theory were Wu You Ke, Ye Tian Shi, Xue Sheng Bai, Wu Ju Tong, and Wang Meng Ying. The first of these, Wu You Ke, lived in the Ming dynasty. He put forward the theory of pestilence qi (li qi) which explained the role of certain infectious factors in the etiology of communicable diseases. His was the first theory to assert that warm pathogens enter the body through the mouth and nose. He published these ideas in his "Treatise on Acute Epidemic Warmth (Wen Yi Lun)." The other four medical experts all lived and wrote during the Qing dynasty. Dr Ye Tian Shi introduced the theory that warm diseases develop and transmit through four aspects, namely the defense, qi,

construction, and blood aspects. His lectures and teachings were edited by his disciples and published in the "Treatise on Warm Heat (Wen Re Lun)". Xue Sheng Bai concentrated on discussing damp-heat disease factors. He clearly explained that damp-heat usually occurs from a combination of external yang brightness and internal greater yin factors affecting each other. He published his ideas in his "Detailed Analysis of Damp-Heat (Shi Re Tiao Bian)." Dr Wu Ju Tong expanded on the ideas of Dr Ye Tian Shi by developing a system of differential diagnosis based on the pathological changes in the triple burner. He summarized his findings and published them in his "Detailed Analysis of Warm Diseases (Wen Bing Tiao Bian)." Dr Wang Meng Ying developed insights on the cause of warm fevers, their symptoms, and their treatment methods, by applying the theories set down in the "Classic of Internal Medicine and Treatise on Cold Damage" to the views of his renowned contemporaries. He published his ideas in several books, the most important of which is "Warm Disease Latitudes and Longitudes (Wen Re Jing Wei)." However, even these great Ming and Qing dynasty doctors of warm disease, on whose works this text is based, only had partial insights; their views were relatively fragmentary. "Warm Disease Theory" is the first text to integrate the views of every school, the first to undertake a comprehensive discussion of the foundations of warm disease theory and the clinical treatment of warm diseases. It is in fact such a valuable source of theoretical and therapeutic information that it is often considered a modern classic. The text is arranged in two sections. The first introduces all the basic information about warm disease, including its

history, disease causes, pattern identification, and general diagnostic and treatment methods. The second section devotes a separate chapter to each of the different warm diseases. It deals with the disease factors, clinical manifestations, pulses, and treatments in the warm diseases of the four seasons including wind warmth, spring warmth, summerheat warmth, damp warmth, latent summerheat warmth, autumn dryness, and warm toxins. In each of these warm diseases, the disease concepts, etiologies, pathologies, main points of diagnosis and treatment policies are discussed first, then the patterns and treatments of their characteristic disease transformations are explained.

**Collection of Study Material for Shanghan Lun** Routledge

The Mai Jing or Pulse Classic was written in the late Han dynasty by Wang Shu-he. It is the first book in the Chinese medical literature entirely devoted to pulse diagnosis. As such, it is the undeniable and necessary foundation text for anyone seriously interested in understanding the rationale for and method of reading the pulse in Chinese medicine. Although not an easy read, this book is a mine of valuable information for those wishing to go more deeply into a study of the pulse.

**Writing Precise Prescriptions** Blue Poppy Enterprises, Inc.

This is a full-text English translation of Jin Gui Yao Lue, a classic book of traditional Chinese medicine. It is the oldest clinical book dedicated to internal, external, gynecological and obstetrical diseases. It is also the first medical book on differential diagnosis of diseases and symptoms, along with treatment and prescriptions. This book was originally written by Zhang Zhongjing (Zhang Ji)

(150-219 CE), an eminent Chinese physician in the Eastern Han dynasty. The book consists of 25 chapters. The first chapter serves as an introduction. Chapters 2-22 discuss the diagnosis and treatment of sixty diseases, involving internal medicine, external medicine, and gynecology & obstetrics. Chapter 23 discusses emergency treatments. Chapters 24 and 25 discuss food contraindications (fowls, beasts, fruits, vegetables and grains) and treatment. The text can serve as a reference for education, research and clinical practice.

**Shang Han Lun** Springer Science & Business Media

The Shang Han Lun (On Cold Damage) is among the oldest surviving, the most copiously annotated and the most revered of China's traditional medical texts. Of all of China's early medical classics, the Shang Han Lun is undoubtedly the one with the greatest relevance to the modern practice of Chinese medicine, and the one most deserving of Western attention. It was the first book to attempt to incorporate medicinal therapy into the medicine of systematic correspondences and channels and network vessels. Far ahead of its time in both theory and practice, it is not surprising that the prescriptions it contains comprise an important part of today's medicinal formulary.

**More Than Acupuncture** Duke University Press

Written by Cheng Wuji and published in 1144 this is a complete commentary on the entire text of On Cold Damage (the Shang Han Lun) in the Song dynasty order. The entire text means that Cheng's commentary includes the four chapters on the pulse, as well as the chapters on the prohibitions in the back of the Shang Han Lun. All told this adds another 250 lines of text to the Shang

Han Lun. In addition to Cheng Wuji's commentary, Jonathan Schell has annotated and translated Cheng's lines with over 1600 lines from the Su Wen, 500 lines from the Ling Shu, 22 Difficulties from the Nan Jing, numerous passages from the Classic of the Pulse (Mai Jing), and commentary from Zhang Jingyue's Lei Jing, Zhang Zhicong's commentaries on the Su Wen and Ling Shu, Wang Bing's commentary on the Su Wen, and as well as numerous other Shang Han Lun commentators. This book has been produced in full color, where the color has been used to show the attributed and unattributed quotes which the commentators use to illustrate their points. This book also includes 52 illustrations, 35 of which were composed by Cheng Wuji and 17 which have been composed by Jonathan Schell. This book illustrates the pinnacle of classical thought, where the reader through the annotations can trace Cheng's thought process, and apply the canonical texts of Chinese medicine, as cited by Cheng, to the understanding of the Shang Han Lun.

### **New Paradigms for Shang Han Lun**

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Serum Pharmacology of Traditional Chinese Medicine: Technologies, Strategies and Applications provides a valuable and indispensable guide on the latest methods, research advances, and applications in this area. Chapters offer cutting-edge information on pharmacokinetics and pharmacodynamics, analytical chemistry, traditional medicine, natural products, bioinformatics, new technologies, therapeutic applications, and more. For researchers and students in academia and industry, this book provides a hands-on description of experimental techniques, along with

beneficial guidelines to help advance research in the fields of Traditional Chinese Medicine and drug development. Provides a valuable guide for practitioners of serum pharmacology of Traditional Chinese Medicine, along with insights to its current use and future applications Edited and written by leading scientists at the forefront of this research Presents well written chapters that include an introduction, description of the method, and identification of chemical constituents, with applications and references to the latest research and literature

*Shang Han Lun* Keats Publishing

Why can salamanders grow new legs, and young children grow new finger tips, but adult humans can't regenerate?

What is the electricity that flows through the human body? Is it the same thing that the Chinese call Qi? If so, what does Chinese medicine know, that western medicine ignores? Dan Keown's highly accessible, witty, and original book shows how western medicine validates the theories of Chinese medicine, and how Chinese medicine explains the mysteries of the body that western medicine largely ignores. He explains the generative force of embryology, how the hearts of two people in love (or in scientific terms `quantum entanglement')

truly beat as one, how a cheating heart is also an ill heart (which is why men are twice as likely to die of a sudden heart attack with their mistress than with their wife), how neural crest cells determine our lifespan, and why Proust's madeleines evoked the memories they did. The book shows how the theories of western and Chinese medicine support each other, and how the integrated theory enlarges our understanding of how bodies work on



every level. Full of good stories and surprising details, Dan Keown's book is essential reading for anyone who has ever wanted to know how the body really works.

*Formulas from the Golden Cabinet with Songs* Churchill Livingstone

This book of traditional Chinese medicine discusses the modern interpretations, practices and applications of Shanghan Lun, known in English as the Treatise on Cold Damage Disorders, which is a Chinese medical treatise compiled by Zhang Zhongjing sometime before the year 220.

BỆNH NỘI KHOA CHÂM CỨU THỰC DỤNG  
Paradigm Publications (MA)

Shang Han Lun was written in approx 200 AD and remains a seminal text in Chinese medicine literature and is mandatory study in all accredited courses of Chinese medicine today. It analyses the aetiology and pathogenesis of acute upper respiratory tract infections (the common cold, influenza, bronchitis, asthma) and describes the many permutations as well as subsequent complications. It is not just a study of coughs and colds but lays the groundwork for Chinese medical theory and its strategies of treatment. It also explains the consequences of incorrect treatment and discusses how the omission or addition of even one herb to a formula can affect its efficacy. This is the book that makes understanding a complex classic text easy. Greta Young benefits the reader with her years of expertise in studying and lecturing in the classics and guides us through the myriad clauses elucidating their meaning, citing points of discussion from various sources and illustrating their application with modifications and case studies. Robin Marchment has translated each clause in a way which is faithful to

the original Chinese whilst still making the meaning accessible to the English-speaker. The explanations and discussions use clear English in a free-flowing lecturing style which holds the reader's interest. Each chapter or section is introduced with an overview, key points are highlighted and summarised at the end and, in addition, both Ancient Applications and Modern Applications are described. The objective is to make it interesting, readable and of practical clinical significance to today's practitioners.

*Technologies, Strategies and Applications* Singing Dragon

Ten Key Formula Families in Chinese Medicine provides a practical path to a deeper understanding of traditional Chinese herbal formulas. Dr. Huang discusses the core aspects of the ten most important families of formulas in the classical formula tradition in a way that is both profound and accessible. By introducing the concept of constitutions and the attendant vulnerabilities of those constitutions to certain types of disorders, he hands the reader a very useful key to understanding how and when to use these formulas in the clinic. The ten families of formulas are grouped around the following herbs: Cinnamon - Cinnamomi Ramulus (gu zh) Ephedra - Ephedrae Herba (m hung) Bupleurum - Bupleuri Radix (chi h) Gypsum - Gypsum fibrosum (sh go) Rhubarb - Rhei Radix et Rhizoma (d hung) Coptis - Coptidis Rhizoma (hung lin) Aconite accessory root - Aconiti Radix lateralis preparata (zh f z) Dried ginger - Zingiberis Rhizoma (gn jing) Astragalus - Astragali Radix (hung q) Pinellia - Pinelliae Rhizoma preparatum (zh bn xi) For each family of formulas, Dr. Huang describes the associated presentation and constitutional aspects common to all

members of the family, then turns to the individual formulas that are especially useful for treating particular aspects of that presentation. The discussion is embellished with case histories and relevant clinical research.

### **Disease and the Geographic Imagination in Late Imperial China**

Peoples Medical Publishing House  
 "This book is the biography of a Chinese disease. Born in antiquity and reaching maturity during the epidemics that swept China during the seventeenth-century collapse of the Ming dynasty, the ancient notion of wenbing Warm diseases continued to play a role even in the response of Traditional Chinese Medicine to the outbreak of SARS in 2002-3. By following wenbing from its birth to maturity and even life in modern times this book approaches the history of Chinese medicine from a new angle. It explores the possibility of replacing older narratives that stress progress and linear development with accounts that pay attention to geographic, intellectual, and cultural diversity. By doing so it integrates the history of Chinese medicine into broader historical studies in a way that has not so far been attempted, and addresses the concerns of a readership much wider than that of Chinese medicine specialists"--Provided by publisher.

Song Dynasty, 960-1200 Singing Dragon

Jingfang means Classical herbal formulas, which are introduced in book Shanghan Lun and used in Traditional Chinese medicine from the history. It is said that if the identification of the indications for each formula set correctly, the healing effects of such formula is excellent. However, it is not completely established what should be correct indications for each formula. Different TCM doctors have different opinions. This book is the collection of current opinions and clinical experience of some current Chinese herbalists. I wish that from their valuable clinical experience in the use of Classical formulas, we can better understand the indications of the Classical formulas. Data here are collected from books and online. It is a useful reference book for those doctors who practice Traditional Chinese medicine, especially on Classical formulas.

### **Shang Han Lun and Other Traditional Formulas** Beijing : New World Press

The Shang Han Lun is widely regarded as one of the most important book in Chinese medicine, yet it is also considered the most difficult to master. This title presents case studies organized around the use of nearly 50 classical formulas, followed by other case studies from the author's extensive clinical experience.