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# Conscious Life Creating Your Reality

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*Conscious Life Creating  
Your Reality*

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## LAMBERT DEMARCUS

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Creating Your Personal Reality W. W.  
Norton & Company

What if almost everything you have been taught about happiness, health, abundance & love was wrong? This book will challenge your beliefs about who you are- and then shows you how to take control of your life from this moment forward to create the life of your dreams. Live from your soul and create a different life from what you know now as your "reality?" Are you open to a new way to "own" your life? Ready to release

unhappiness, depression, anger, & unhealthy habits? Ready to get rid of anything that disempowers your life? Ready to be healthy, happy, and discover your path to abundance and love? If you are, read on, this book shows you how! Do you ever ask yourself these types of questions; How come I'm not happy? Why am I unhealthy? What's wrong with my relationships? Are these questions familiar to you? For much of the population happiness, health, & love are elusive goals always beyond your reach. Lifetimes are wasted in misdirected pursuit of them. Happiness, health, and love exist in you right now! Peace & contentment are available for you-right now! The secret is

learning how to internally shift your energy, beliefs, & actions to allow energy to "flow" through you rather than creating a series of internal roadblocks. If you don't have an abundant life, there's a glitch in the subconscious programming. You are energetically "blocked" and learning to remove these blocks is in your control! The 5 Laws of Conscious Living shows that to experience health, happiness, and love you must first open to the concept that all exterior beauty, health, & abundance is generated first from within your soul & spirit. If you are not in touch with these parts of your being you're can't be living a full, vital life. Now you will learn to use the incredible power of your subconscious

mind to reveal your best self. You can learn to unlock your potential rather than being locked into a self-defeating paradigm. Typically this is the paradigm of stress, poor health, and more of the same old, same old in your life. The 5 Laws of Conscious Living is a guide that shows you how to use the tools of consciousness, mindfulness, and awareness to energetically shift you inside, and that shift will manifest in dramatic changes on the outside-in your life. By making this shift, your inner energetic roadblocks, roadblocks that are no less real than those you encounter on the physical plane of existence, will disappear. How do you do this? You embrace messages in your life, you face your fears, you give up the disempowering stories that you tell to yourself. That is how you move around any roadblocks that exist and this is how you move into an exciting and fulfilling life-with more passion, energy, health, & abundance than you ever imagined! If you didn't fear these internal energetic roadblocks and instead we were raised to own them, admit to them, and faced them, it would be easy to move past them. Then you could have the life that you love. But

we have been taught to hide them and so we never move past them. We have been societally conditioned to avoid these fears with dysfunctional coping behaviors and this extends the never-ending cycle of distress. Think about your life right now how much life energy are you investing denying the existence of your energetic blocks? If these blocks existed in 3-D as a brick wall in front of you- you would have to figure out a way to go through, over, around, or under it to move forward in your life or you would stay stuck where you are. Is stuck where you are today? Our inner energetic blockages are no less real than the brick wall- we just can't see them. When you clear these blockages, you move into the state of happiness and flow that athletes call the "zone" and what positive psychology calls a "gratifying" experience. If that is not your life today, The 5 Laws of Conscious Living will get you ready to make these shifts. Are you ready to find your path? If you are, a new world is waiting for you!

[Become A Conscious Creator: A Return to Self-Empowerment](#) Hay House, Inc

This book contains my personal experience of using my imagination

lovingly to deliberately create my reality. You will find manifestation stories on health and wealth, among others, as well as techniques that can guide you to focus your inner astral senses enabling you to deliberately create your reality.

### **Conscious Creation** Penguin

A novel contribution to the age-old debate about free will versus determinism. Do we consciously cause our actions, or do they happen to us? Philosophers, psychologists, neuroscientists, theologians, and lawyers have long debated the existence of free will versus determinism. In this book Daniel Wegner offers a novel understanding of the issue. Like actions, he argues, the feeling of conscious will is created by the mind and brain. Yet if psychological and neural mechanisms are responsible for all human behavior, how could we have conscious will? The feeling of conscious will, Wegner shows, helps us to appreciate and remember our authorship of the things our minds and bodies do. Yes, we feel that we consciously will our actions, Wegner says, but at the same time, our actions happen to us. Although conscious will is an illusion, it serves as a guide to understanding

ourselves and to developing a sense of responsibility and morality. Approaching conscious will as a topic of psychological study, Wegner examines the issue from a variety of angles. He looks at illusions of the will—those cases where people feel that they are willing an act that they are not doing or, conversely, are not willing an act that they in fact are doing. He explores conscious will in hypnosis, Ouija board spelling, automatic writing, and facilitated communication, as well as in such phenomena as spirit possession, dissociative identity disorder, and trance channeling. The result is a book that sidesteps endless debates to focus, more fruitfully, on the impact on our lives of the illusion of conscious will.

#### The Path to Higher Consciousness

Createspace Independent Publishing Platform

Life is an act. We act like humans, and therefore we experience like humans with a litany of limitations, shortcomings and drama that mask our underlying angelic consciousness. It's an unnatural act that we have come to accept as reality. In Act of Consciousness, Ascended Master Adamus Saint-Germain begins by

explaining the metaphysics of energy. He defines the difference between consciousness and energy and makes the clear point that we are beings of consciousness - not energy - and that the passion of our pure consciousness attracts energy from the unified field to manifest our reality. Adamus defines the four primary levels of energy including Core (soul), Crystalline, Cosmic and Earth while educating the reader about how the various levels are used by our consciousness to manifest our stage-of-life. Adamus implores the reader to act like a Master rather than acting like a less-than-perfect human. This act will literally change the type of energy being attracted into the reader's life, and therefore change the reality theatre one exists within. Some readers will question this approach saying, "It's not real because it's just an act," to which Adamus will reply, "But everything in your life is just an act, so why not act like a prosperous, healthy and wise Master? This will change the theatre of your life, but the real question is, 'Are you really ready for a substantial change, or are you just trying to tidy up your current stage?'" It's a remarkably simple and

effective approach to an otherwise mental and laborious process of becoming your full potential. Act of Consciousness will make you laugh, make you angry and make you question your old beliefs about how reality is created and experienced. By the time you read Saint-Germain's last words you will cry a few tears of joy and relief to know that life is as easy as an Act of Consciousness. Saint-Germain had many notable past lives, including that of William Shakespeare and Mark Twain (Samuel Clemens). These lifetimes gave him an appreciation for the theatre, acting and story-telling. Book length: Approximately 30,000 words [Living Magically ReadHowYouWant.com](http://LivingMagically.com) Building a house requires certain steps to be completed; so does creating a successful life. The three books in this series detail the process of becoming the Master of your Life, raising your vibration, and creating the life that you desire. Synthesizing the metaphysical and life teachings of the ancient wisdoms, modern spiritual teachers, and quantum physics, each chapter provides practical steps for application. While each book stands alone, together they form a complete system for

Dancing with the Energy Book 1: The Foundations of Conscious Living presents the blueprint, the tools, and the raw materials for constructing the life you desire along with tips for developing skill in applying these tools. Book 2: Conscious Living—What's Holding You Back? analyzes and discusses the constraints that you must deal with in order to actually become the Master of your life. Book 3: Conscious Living—Creating the Life You Desire provides additional tools and techniques necessary to actually create the life you desire using the concepts and tools in Book 1 and within the constraints detailed in Book 2. *Spirit's Course in Creating* Leaping Hare Press

Have you ever wondered. How can I get what I want? How can I lead a truly empowered life? How can I make a difference in the world we share? This stimulating and enlightening book is a practical guide for understanding and utilizing our creative abilities. Lisa discusses how we are equipped with instruments of creation that are the matrix, the power, and the medium through which we create and shape our

reality. The tools, innate within our Beingness, are presented along with three methods to align, magnetize, and manifest what we want in our life. You will learn how to: Change what you are receiving into what you are truly creating; Use thoughts and feelings toward true personal empowerment; Use the laws of physics to align events within your life; Maximize the "creative components" inherent within humanity; Manifest what you want in your life utilizing three methods; Overcome obstacles you encounter in the creative process. *The Good Book* Xlibris Corporation INTERNATIONAL BESTSELLER A Best Book of 2021—Bloomberg Businessweek; A Best Science Book of 2021—The Guardian; A Best Science Book of 2021—Financial Times; A Best Philosophy Book of 2021—Five Books; A Best Book of 2021—The Economist Anil Seth's quest to understand the biological basis of conscious experience is one of the most exciting contributions to twenty-first-century science. What does it mean to “be you”—that is, to have a specific, conscious experience of the world around you and yourself within it? There may be no more

elusive or fascinating question. Historically, humanity has considered the nature of consciousness to be a primarily spiritual or philosophical inquiry, but scientific research is now mapping out compelling biological theories and explanations for consciousness and selfhood. Now, internationally renowned neuroscience professor, researcher, and author Anil Seth is offers a window into our consciousness in BEING YOU: A New Science of Consciousness. Anil Seth is both a leading expert on the neuroscience of consciousness and one of most prominent spokespeople for this relatively new field of science. His radical argument is that we do not perceive the world as it objectively is, but rather that we are prediction machines, constantly inventing our world and correcting our mistakes by the microsecond, and that we can now observe the biological mechanisms in the brain that accomplish this process of consciousness. Seth has been interviewed for documentaries aired on the BBC, Netflix, and Amazon and podcasts by Sam Harris, Russell Brand, and Chris Anderson, and his 2017 TED Talk on the topic has been viewed over 11 million times, a

testament to his uncanny ability to make unimaginably complex science accessible and entertaining.

Consciousness Is the Only Reality. Simon and Schuster

Why do we exist? For centuries, this question was the sole province of religion and philosophy. But now science is ready to take a seat at the table. According to the prevailing scientific paradigm, the universe tends toward randomness; it functions according to laws without purpose, and the emergence of life is an accident devoid of meaning. But this bleak interpretation of nature is currently being challenged by cutting-edge findings at the intersection of physics, biology, neuroscience, and information theory—generally referred to as “complexity science.” Thanks to a new understanding of evolution, as well as recent advances in our understanding of the phenomenon known as emergence, a new cosmic narrative is taking shape: Nature’s simplest “parts” come together to form ever-greater “wholes” in a process that has no end in sight. In *The Romance of Reality*, cognitive neuroscientist Bobby Azarian explains the science behind this

new view of reality and explores what it means for all of us. In engaging, accessible prose, Azarian outlines the fundamental misunderstanding of thermodynamics at the heart of the old assumptions about the universe’s evolution, and shows us the evidence that suggests that the universe is a “self-organizing” system, one that is moving toward increasing complexity and awareness. Cosmologist and science communicator Carl Sagan once said of humanity that “we are a way for the cosmos to know itself.” *The Romance of Reality* shows that this poetic statement in fact rests on a scientific foundation and gives us a new way to know the cosmos, along with a riveting vision of life that imbues existence with meaning—nothing supernatural required.

**Creating Change** Independently Published

When it feels like the end of your world, you’ve arrived at a point of magnificent opportunity: the possibility of transforming every dimension of your life. This book is your navigational guide for releasing old ways of thinking, entering the ground level of your being, and emerging as a conscious co-creator of your reality and an

active participant in global transformation. To reach the destination—your new reality—author Robert Brumet explores where we are as a people in the evolutionary journey. Then, he takes you within to explore who you are and why you are here. When your answers are clear, and integrated with our current understanding of global evolution, you’ll have a blueprint of what is yours to do. As you align your heart’s deepest desires with the direction of evolution, you’ll become God’s hands and feet, raising global consciousness and creating the best experience of life for yourself and others. Book jacket.

The 8 Steps to Manifestation Ozark Mountain Publishing

Presents techniques for organizational success that involve embracing such qualities as integrity, authenticity, accountability, and honesty.

*In Tune with Miracles* Pocketstone Publishing

Travel into a world of self-discovery and manifestation. Learn how to create your life exactly as you want. Experience becoming more conscious and truly know that you have the innate power to enhance or change your life. You are the

co-creator with the Divine. This book will teach readers 8 basic steps to manifestation that will help her to actualize her heart's desires. As a single mother of two young men, a businesswoman, founder of a physical therapy and sports medicine clinic, medical intuitive, philanthropist, and teacher at heart, the author, and now publisher, Bianca Guerra, experienced much in the arena of health and healing and discovered that not everything is as it appears. There are many faces to illness and many modes of healing. From working with her patients, friends and family, and through her own experiences, Ms. Guerra learned that remarkable results and recovery from disease and illness can occur following a change in a person's mindset. She discovered that once people become conscious and understand to some degree why they became ill, they are usually on the road to recovery. She realized that there are certain steps that must be taken to manifest health and wellness. She began, somewhat unconsciously at first, to apply these concepts to different areas within her life, relationships, career, and finances, and

realized that the same formula was used in each scenario. Learn who you are and what you want from life, and how to create it. Understand your role and influence in life and become a responsible, contributing participant in your world. Trust yourself and your divinity and utilize the knowledge and gifts given to you to help you live a happier, more loving and fulfilling life.

100% Choice Unity Books (Unity School of Christianity)

Learn to develop and embody a miracle mindset. Whatever types of experiences you desire to attract into your life, you do so through the mindsets you bring to form in your own field of perception. Miracle mindedness and the ability to readily receive and experience miracles in your life is a function of your miracle mindset. Merging fields of study in consciousness, perception, various sciences, and metaphysics, In Tune with Miracles: Cultivating Miracle Consciousness offers you a perspective and practice on the accessibility of all that you would define as miraculous. The book rests on the primary premise that miracles are the norm and their apparent absence in your experience

the exception. In Tune with Miracles: Cultivating Miracle Consciousness includes 44 attunements configured specifically to allow you to create the perceptual changes necessary to bring about your innate and natural capacity to live a life that is intricately and abundantly filled with miracles. In Tune with Miracles: Cultivating Miracle Consciousness is your practical guide to cultivating miracle mindedness and embodying the miracle mindset. Get your copy today. Dive into the living stream of information and energy offered in these pages to understand what structures of perception allow you to not only witness but participate in the frequent emergence of miracles in your personal reality. Miracles are the norm, and miracles are always here and available to be experienced.

*The 5 Laws of Conscious Living How to Be Happy, Healthy, Wealthy and Loved*  
Balboa Press

In this newly revised and updated edition of Conscious Living, Conscious Aging, you will find an empowering guide with practical tools to help live a passionate, fulfilling, growth-oriented life. The baby boomer generation is reaching retirement

age with unprecedented good health and resources, and is no longer satisfied with their parents' approach to aging. Many older adults are seeking an empowering vision for their future but find that hard to come by in a world that glorifies youth and has largely forgotten the gifts that can accompany the life stage of elderhood. With this expanded and updated 10th anniversary edition of *Conscious Living, Conscious Aging*, you will find a contemporary manual filled with practices and tools to help you navigate your elder years with purpose and clarity. Ron Pevny's provocative model of "conscious eldering" opens the door to the rich possibilities of intentionally growing into elderhood, as contrasted with merely growing old. Through advice, practices, and personal stories, this book will help you distill wisdom from your many years of life experience, navigate loss and grief, identify new passions and goals, and remain engaged and relevant as you enter life's later chapters, creating a lasting legacy and a healthier world for the generations to follow. It's time to engage with family, community, your spiritual source, and the world, which needs your

talents. Don't just grow old. Aim high and claim the gifts of elderhood.

*Life Is about Choices* FriesenPress

Now, nearly two decades later, Napier is ready to share more of her own life story while returning to the subject she was first introduced to by her grandmother. As she comes again to the topic that pervades her life story, she focuses on several themes, including: - the importance of experiencing a sense of meaning in life; - the sacred nature of all beings and life itself; - the belief that everything is an essential part of the full expression of one life, both individually and collectively, and that we inherently draw from an underlying wholeness; - the power of what it means to be aware in the present moment; and, - the fact that suffering is part of everyday life, and we can learn to move through it. Napier explains that once we recognize our place within collective consciousness-- and focus on compassion and mindfulness--we can begin to experience more directly the interdependence and interconnection underlying our place in the universe.

*Unleash the Power of Your Heart and Mind*  
Center of Empowerment

Have you ever wondered about the nature of your life? Why some things go well but others do not, or why everything seems so hard? Well, the answer to those questions, and many more, is in your hands! This book contains information about the nature of reality, how your belief system creates that reality, and the reasons why things happen the way they do. Best of all, this book will teach you how to create the reality in which you desire to live, filled with happiness, wealth and abundance!

*Conscious Creation* Balboa Press

This book provides a way of looking at life that allows us to expand our Consciousness so that we can live both in and outside of the Matrix. It discusses the theory offered, explores states of consciousness, and provides tools to assist you to choose how you might wish to continue your personal journey. What if there were no paradoxes? What if everything was simply as it is in order to enable conscious life to exist, and to allow us all to experience our unique lives here as broadly as we choose to? So, we exist here on this planet in a physical body doing physical things. We need a framework within which to begin our

existence as a physical being here. No Paradox presents the idea of the matrix as being a construct which allows this to happen. The book shows that the apparent paradoxes are merely creating this matrix for us to grow within. Without this there would be no way of comparing experiences, learning, understanding, etc. When we realize this, we can begin to see beyond the framework, and stop being so sucked into it, especially emotionally. You do not have to fit in with anyone else's idea of what life should be, nor do you have to limit your concepts of what reality might actually be. We can use the construct, yet simultaneously step outside of it, and become fully aware masters of ourselves. As we become more fully aware, we can be conscious of our aims at all times and stop ourselves from reacting to things within the matrix. We are the dreamer and the observer of our own dream, and we become more and more aware of the fact that we are dreaming it, literally creating it as we go along. Would you like to consciously evolve your own consciousness? There is a huge amount of creativity available to us, and so many different ways of using it. This book gives

you many ideas and tools to help your personal growth in whatever way you wish. It also discusses altered states of consciousness, and explores why we might be here. If we live in an aware and objective way, we can move beyond the constructs of apparent reality, and expand our lives to encompass far greater perspectives.

*Conscious Creation* MIT Press

You have come to this book, this course, through this moment... in pursuit of expanding your capacity to create at will, at a more conscious level and at a faster pace. You have been creating all your life; this is not new. What may be new to you, however, is learning the process by which all that you are and have and experience is in concert with others. *Spirits Course in Creating* is the life instruction manual missing in the lives of many who want clarity on why they have not received what they have been asking for or did get exactly what they did not want. *Spirits Course in Creating* is a new age course in miracles. It clearly outlines, in ordinary language with everyday analogies and common experiences, how you created into your life experience all that you have.

More importantly, it details how to use that process to deliberately manifest your desires. Practice points encourage you to integrate and hone these newly learned skills. Create your designer life. Shepherd events and coordinate universal resources to orchestrate all the power you have access to that you may not have known is yours to command. Open your mind and life experience to all that you had only dreamed about. Let this book be your gateway to a rich, new, and exciting life with greater harmony and ease of access to your desires.

**Conscious Creation** iUniverse

Our lives are a continuous series of daily choices, and the consequences of our choices should be intentional. Are you a bystander watching your life events unfold in a random fashion? Or do you recognize and make deliberate choices? In *Life is about Choices*, author Ed Scott details the myriad issues involved in making the important decisions in life. Scott examines the relationship of human consciousness, synchronicity, and the law of attraction. Because our beliefs and our dominant thoughts create our reality, what we have thought about in the past has attracted



our world of today, and that which we believe and think about today will determine our future reality. This ancient law of attraction is constantly at work in our creative universe as cause and effect. A global resurgence of spirituality asks that we examine our core beliefs and values in order to awaken to a new reality. Life is about Choices offers techniques and suggestions for awakening to that new reality and for finding optimal health, financial security, and purpose in a meaningful existence, to find and return to our true spiritual being.

**Dancing with the Energy** CreateSpace  
This book is intended to carry the reader further and deeper to understanding and implementing the 8 steps to manifestation, as outlined in *A Woman's Guide to Manifestation: Creating Your Reality with Conscious Intent*. It is written with the sole purpose of creating a guide

that will lead to the conscious manifestation of wonderful things. Often you may think or feel or believe that you know what you want in life and know how to achieve or acquire it, yet are amazed as to why it doesn't happen. You may even have become complacent with the thought that you really didn't want it in the first place. This may make you feel a little better, yet doesn't help manifest what it is you REALLY want to create. Understanding and incorporating the 8 steps to manifestation into your life is a marvelous tool to have in your toolbox. The 8 steps to manifestation can be used in every area of your life, whether it is to acquire more abundance, more joy, a better job, a wonderful relationship, or a healthy body and lifestyle, or just to create diversity and change. The 8 steps to manifestation offer a simple and effective way to achieve what you want in life. This easy-to-understand and easy-to-follow guide will

lead you on a journey toward new and phenomenal discoveries. Included are worksheets to help you with this process and to make this book truly yours. All is possible in the realm of possibilities. If you can think it and imagine it, then you are more likely to create it, if you learn how to implement the 8 basic steps to manifestation. Be the co-creator of your world and enjoy and relish the fruits of your labor. Manifestation can be fulfilling and fun.

*Shifting Perception* Crimson Circle Press  
Whilst modern day thinkers believe the events of life to be a haphazard collection of causes and effects, Neville Goddard, from his own experience, demonstrates that our lives are the results of our deepest thoughts and feelings. Furthermore, in these two lessons, he instructs us on how to achieve our deepest desires.