

## Body And Face In Chinese Visual Culture

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**POWERS KELLEY**

**TPS Frequency Dictionary of Mandarin Chinese** London : J. Murray  
Based on culture-related themes derived from the author's psychotherapeutic work with young Chinese-American professionals, this important book relates personal problems and conditions to specific sources in Chinese and American cultures and the immigration experience. Unique and practical, this is a nonclinical work that will help Asian Americans connect historical and cultural meanings to their Chinese roots. It will also give educators, mental health professionals, and those working with Chinese populations firsthand insight into the lives and identities of Chinese-American immigrants. Exploring the meaning and arrangement of Chinese family names, the bonds among family members, and the different contexts of "self" to Chinese Americans, this valuable book offers you insight into the dilemma between "self" and "family" that both the younger and older generations must face in American society. In order to help you understand Chinese immigrants or help your clients, Chinese Americans and Their Immigrant Parents provides you with information about several differences found between the two cultures, such as: understanding that words and concepts may not relate to the same emotions or translate exactly between languages realizing that strong family bonds of the Chinese fosters interdependence, unlike Americans who admire self-assertiveness and independence recognizing the fear that Chinese immigrant parents have of losing their strong family ties and seeing their children forsake customs because they do not want to be seen as "different" discovering why risk-taking and adventurous acts are discouraged by many Chinese parents comprehending the great importance to Chinese parents of continuing their family and raising successful children acknowledging the different roles of men and women within several different contexts in American and Chinese societies With personal vignettes, humor, and interesting insights, Chinese Americans and Their Immigrant Parents: Conflict, Identity, and Values demonstrates how some Chinese Americans are connecting historical and cultural meanings to their Chinese roots and bridging generational gaps between themselves and their parents to create a truly cross-cultural identity.

**Face Reading** University of Chicago Press

For the first time, this volume brings to the study of China the theoretical concerns and methods of contemporary critical cultural studies. Written by historians, art historians, anthropologists, and literary critics who came of age after the People's Republic resumed scholarly ties with the United States, these essays yield valuable new insights not only for China studies but also, by extension, for non-Asian cultural criticism. Contributors investigate problems of bodiliness, engendered subjectivities, and discourses of power through a variety of sources that include written texts, paintings, buildings, interviews, and observations. Taken together, the essays show that bodies in China have been classified, represented, discussed, ritualized, gendered, and eroticized in ways as rich and multiple as those described in critical histories of the West. Silk robes, rocks, winds, gestures of bowing, yin yang hierarchies, and cross-dressing have helped create experiences of the body specific to Chinese historical life. By pointing to multiple examples of reimagining subjectivity and renegotiating power, the essays encourage scholars to avoid making broad generalizations about China and to rethink traditional notions of power, subject, and bodiliness in light of actual Chinese practices. Body, Subject, and Power in China is at once an example of the changing face of China studies and a work of importance to the entire discipline of cultural studies.

**Self-Care and Natural Healing through Traditional Chinese Medicine** Collins & Brown  
In Physiognomy in Ming China: Fortune and the Body, Xing Wang provides an extensive reading of the Ming (1368-1644 C. E.) texts of a well-known body divination technique 'xiangshu' (physiognomy), and investigates its unique 'somatic cosmology' in Ming religious and intellectual context.

**The Chinese Medicine for Healing Joints, Muscles and Body Pains** Tor Books

No further information has been provided for this title.

**Conflict, Identity, and Values** Routledge

Listen to Your Body shows how you can promote health and natural well-being by modifying everyday actions to improve the flow of qi (the universal principle of energy). Breathing, eating, drinking, resting, washing, and many other small but vital actions--if carried out in the right way--can result in profound changes in body function. To give readers an understanding of the body's own natural medicine, the authors provide a clear explanation of the foundations of Traditional Chinese Medicine (TCM) with reference to qi and its flow through the body's meridians, the balance of yin and yang, and the body's energy centers. Readers will learn how to "tune in" to the signals the body transmits to warn of impending health problems; numerous case histories illustrate how this highly developed information system of the body works. Later chapters address the art of relaxation, bringing together the TCM approach to health with recent scientific studies. Finally the authors describe in detail how to apply the natural medicine of the body to daily life. They discuss illness prevention and provide specific guidance for the management of a range of health disorders. Exercises and simple routines are given, together with the basis for their therapeutic effect.

**Envisioning the Nation** GRIN Verlag

Drawing on current concepts of globalisation as well as the theories of Jacques Lacan & Slavoj Zizek, 'Chinese Face/Off' explores the way in which fantasy operates in relation to ethnic & national identity.

**Figuring the Body** Body and Face in Chinese Visual Culture

This book is the accumulation of the authors 35 years of combined experience studying and practicing the cosmetic applications of Traditional Chinese Medicine. Anthony and Kamila spent 5 years studying Traditional Chinese Medicine at University before travelling repeatedly to Asia to rediscover the beauty secret of ancient China. They later started a clinic in Australia specialising in these techniques. At the time these techniques were relatively unknown and they created quite a stir when the clinic appeared on Prime time TV as an innovative new approach to beauty.Since that time there has been a huge increase in the number of people using and interested in these Traditional Chinese tools. Vogue Magazine recently reported that celebrities such as Miranda Kerr, Dree Hemingway and Behati Prinsloo include a jade roller as part of their treatments. Cupping meanwhile has been visibly embraced by a variety of celebrities including Jennifer Aniston, Gweneth Paltrow, Victoria Beckham, Freida Pinto, Lady Gaga and Kim Kardashian. They are reported to use cupping as part of a health program, beauty treatment and to ease body pain.This Book was created as an easy and efficient way to share these skills with a wide audience. It is principally aimed at both traditional and modern beauty practitioners who would like to add these invaluable treatments to their clinics. It is also written in a simple clear way so that a home user can use it to dramatically improve their home beauty ritual.You can read the book in two ways. If you simply want to perform the treatments straight away you can simply skip to the step by step guide for performing each type of treatment on different areas of the body.If however you would like to learn more about the treatments, their history, benefits and how they work you can read the text in full or skip to areas of particular interest to you. The choice is yours and which ever way you decide to go I hope you enjoy it and it adds to and enhances your natural beauty treatments and the results for your clients.The book includes 26 full colour images of all the treatments being done and demonstrates detailed treatments for the following 1. Jade Roller for the Face2. Jade Roller for Stretch marks and Cellulite3. Jade Gua Sha for the face 4. Cupping for the Face5. Cupping for Stretch Marks and CelluliteAdditionally it covers in great detail1. Cleaning and Maintaining the Products2. Using the Tools in Clinic and at Home3. Cautions and ContraindicationsIt includes full diagrams of the Acupressure points of the face which can enhance the treatments.

**China, Body & Soul** transcript Verlag

Written by world-renowned author and teacher Giovanni Maciocia, Diagnosis in Chinese Medicine,

2nd Edition is a comprehensive, highly illustrated, and easy-to-understand resource. With a focus on clear interpretations of "real world" signs and symptoms, this new edition addresses the practice beyond the theory and leads you through both basic and sophisticated levels of diagnostic interpretation. Since Chinese medicine diagnosis relies on a subtle appraisal of a patient's disharmony, many factors beyond traditional Western symptoms are considered, including a patient's voice, the absence of thirst, feeling hot or cold, the patient's smell, tone of voice, and glitter of eyes. This practical resource helps students and practitioners alike carefully interpret a wide range of diagnostic nuances. One-of-a-kind text gives you a clinical understanding of Traditional Chinese Medicine. Rich, unique content offers an unparalleled depth of information that is meticulously cross-referenced. Includes all the signs and symptoms that a modern patient may present in the clinic, no matter how subtle. Outlines the decision-making options in key situations to help you through the most challenging topics. Case histories with diagnoses present common conditions that professionals will often find in practice. Logically organized to help you quickly find the information you need in clinical situations. Written by a leader in the field of Chinese medicine provides you with an expert's clinical experience and understanding. NEW! Clinical and Treatments notes provide practical information on acupuncture - including herbal treatment, when appropriate - for most symptoms and signs, giving the book a clinical application in therapy. NEW! UPDATED full-color design and color photographs depict external clinical signs for more accurate clinical recognition. NEW! Learning outcomes summarize the basics that you should know after completing a chapter. NEW! Thoroughly updated content from an expert author clarifies the best practices for diagnosis in Traditional Chinese Medicine.

**The Energetics and Treatment of Body Areas** Berghahn Books

What if you could tell, just by looking at others, how they tend to think, feel, and behave? What if your partner's face revealed the best way to resolve any conflicts between you? And what if you could discover in your own face the wisdom that you need in order to be your true self? Based on the same ancient foundation as acupuncture and Chinese medicine, face reading has been in the "research and development" phase for over 3,000 years. When translated to make it meaningful for our Western lives, it's a powerful source of wisdom that we can all access. Chinese face reading shows you how to live your life in alignment with your own natural flow, find the life path that gives you joy, attract relationships that nurture you, and most of all, enable you to feel compassion for yourself and others. This book will forever change how you see yourself . . . and all the people in your life!

**Listen to Your Body** BRILL

If you're interested in reading and writing Chinese, you should grasp the most basic and essential vocabulary to get a start. Our Read & Write Chinese Vocabulary Words series introduces words from various topics in everyday life. In this book, you can find the most commonly used words, also including each character's pinyin and stroke order. Pinyin is a phonetic romanization of Mandarin Chinese, which can help you read Mandarin. By following the right stroke order of each Simplified Chinese character, it will definitely help you write. We hope this book can give you a fun and easy way to learn Chinese.

**The Semiotics of Gender and Sexuality in the Chinese Cultural Revolution (1966-1976)** Bloomsbury Publishing

The human face can be an open book--and the Chinese art of mian chiang teaches you to read it. By looking at each feature, determine anyone's true nature and fortune, anticipate behavior, and fine-tune relationships. Begin with the shape of the face; five elements, with their different characteristics; and 10 basic patterns. Individually travel across the ears, eyes, brows, nose, cheekbones, mouth, lines, chin, hair, and forehead, guided by drawings and charts. Special sections on facial and body language deepen your knowledge.

*Pictures of the Chinese* University of Illinois Press

The past few decades have seen growing interest in the study of the body, not least thanks to

Michel Foucault's historical studies of medicine in the 1970s, which inspired the initial development of the contemporary study of the human body. However, the increasing number of exciting and influential publications has primarily, if not exclusively, focused on the body in Western cultures. The various works produced by Asian scholars remain largely unknown to Western academic debates even though Asia is home to a host of rich body cultures and religions. The peoples of Asia have experienced colonization, decolonization, and now globalization, all of which make the "body in Asia" a rewarding field of research. This volume is unique, as it brings together into a single volume a number of scholars who work on East, Southeast and South Asia and presents original and cutting-edge research on the body in various Asian cultures.

*The Face Reader* Lulu.com

Learn the ancient Taoist art of face reading, Mien Shiang, to understand more about your life and yourself, as well as that of family and friends, and identify at an early stage possible signs of ill health.

*Body Feng Shui* BRILL

Photographs and step-by-step instructions illustrate both the basic and advanced techniques used in this ancient Chinese style of karate and suggests exercises designed to develop coordination and body control

[Secrets of the Chinese Masters](#) ReadHowYouWant.com

Generously illustrated with more than 100 drawings that explain the meaning of distinctive physical characteristics, "Body Feng Shui" teaches readers how to explore their own and others' destinies by reading the truths of the soul as they appear on the human body. 168 line drawings.

*The Cupping Therapy* Duke University Press Books

An exciting new, full-colour edition of Face Reading in Chinese Medicine featuring over 200 colour photographs and practical instructions on how to conduct a face reading! Face reading has been part of Traditional Chinese Medicine for many centuries, and Professor Lillian Bridges is a popular academic and international lecturer on the subject who gained her fascinating knowledge through

her family line of Master Face Readers in China. Based on an understanding of the shapes, markings and features of a face, practitioners can learn about the health and life of a patient relating to the principles of Chinese medicine. In addition to understanding how the body's internal functions - physical, psychological and emotional - can be seen on a face, practitioners can also learn how to evaluate Shen to understand non-verbal expressions. Technical and detailed information is presented in an upbeat, insightful and highly readable manner. This was the first book to focus on the deeper aspects of face reading and diagnosis, this edition includes ancient Taoist knowledge regarding the Original Face and Facial Jing and Qi markers which have previously only been taught through the oral tradition. Clear discussions demonstrate how this technique can be used as a supplement to other diagnostic tools in Traditional Chinese Medicine. Engaging, insightful, highly readable text is written by a well-known and experienced lecturer in the field. Extensive illustrations give you a clear understanding of theories and techniques. A focus on the deeper aspects of face reading and diagnosis helps readers become more conscious of their actions, reactions, and the health consequences of behavior.

*The Wisdom of the Dao* Shambhala Publications

Here is a convincing reflection that changes our understanding of gender in Maoist culture, esp. for what critics from the 1990s onwards have termed its erasure of gender and sexuality. In particular the strong heroines of the yangbanxi, or model works which dominated the Cultural Revolution period, have been seen as genderless revolutionaries whose images were damaging to women. Drawing on contemporary theories ranging from literary and cultural studies to sociology, this book challenges that established view through detailed semiotic analysis of theatrical systems of the yangbanxi including costume, props, kinesics, and various audio and linguistic systems. Acknowledging the complex interplay of traditional, modern, Chinese and foreign gender ideologies as manifest in the 'model works', it fundamentally changes our insights into gender in Maoist culture.

*The Face* Oxford University Press

The curriculum of most schools of Chinese medicine is usually broken down into the following

topics concerning the theory of Chinese medicine: Physiology of the Internal Organs; Aetiology; Diagnosis; Patterns of disharmony of the Internal Organs. In addition, the acupuncture curriculum is based on the study of the channels and points. As part of The Energetics and Treatment of Body Areas series, Maciocia turns this approach on its head and places areas first so that everything else is subordinate to that. In The Energetics & Treatment of Body Areas - The Face, Maciocia does just that, placing the Face first and each diagnostic and therapeutic element, relevant to the face, is discussed together.

[Body, Subject, and Power in China](#) Independently Published

Cupping therapy is an ancient form of alternative medicine in which a therapist puts special cups on your skin for a few minutes to create suction. People get it for many purposes, including to help with pain, inflammation, blood flow, relaxation and well-being, and as a type of deep-tissue massage. Cupping is a type of alternative therapy that originated in China. It involves placing cups on the skin to create suction. The suction may facilitate healing with blood flow. The Chinese cupping could be for face and any part of the body.

*Chinese Karate and Classical Exercises* Elsevier Health Sciences

Is it possible to take your health in your own hand without having to see a doctor? Common problems such as acne and pimples, color spots, swollen face, red veins in the eyes and on the face, and color changes in the face—what caused these things to happen? Facial diagnosis in traditional Chinese medicine can help you understand the various signals your body sends out regarding the state of your health. Facial diagnosis is an integral part of TCM's diagnostic methods. TCM believes that all that exists on the inside of the body will ultimately reveal themselves on the outside. By observing changes occurring in the face, one can gain insight into the health status of the internal organs of the human body, thereby preventing some diseases from developing and improving one's health as a result. Facial diagnostic method, as introduced in this book, is easy to learn and practice. Combined with pictures and texts, the book is accessible to the readers and suitable for daily home health care.