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Radhanath Swami  
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## BECKER HATFIELD

### **D-I-S-C-Over Personality Insights to Understand Yourself and Others!**

Harper Collins

How can you bring your best and most successful self to work every day? Told in a series of conversations with Gautam, and interspersed with tales from the Buddha's life ? along with real-life stories from people who've faced challenging situations in their jobs ? Buddha at Work offers invaluable insight that will guide you through the challenges of the modern-day workplace. This book unlocks the secrets to: ? Keeping yourself motivated and energized, and being your productive best; ? Managing stress and taking control of every workday situation; ? Dealing with difficult bosses and co-workers or unforeseen situations like losing your job; ? Channelling negativity into a more productive and positive attitude. Drawn from the author's decades of experience as head of HR in the country's top organizations, and

packed with easy-to-apply practical advice, Buddha at Work will help you achieve your true potential and find inspiration when you need it the most. Spiritual Warrior Sterling Pub Private Limited

The Journey HomeAutobiography of an American SwamiMandala Publishing Mandala Publishing

This is a book of inspirational stories of Swama Rama's experiences and lessons learned with the great teachers who guided his life including Mahatma Gandhi, Tagore and more.

*Have You Seen My Son* Penguin

The mysteries of the soul have evaded mystics, sages, and gurus for centuries. Humanity has long yearned to discover the answer to our existence, and many spiritual traditions have evolved to provide those answers through sacred texts that facilitate journeys of transformation and discovery. Yet, never before have all of the spiritual traditions been distilled so simply into one easy-to-follow path - a path of love and devotion. In this long-awaited follow-up to *The Journey Home*, *The Journey Within* guides readers through the essential

teachings of bhakti yoga. World-renowned spiritual leader Radhanath Swami draws from his personal experiences to demystify the ancient devotional path of bhakti, capturing its essence and explaining its simple principles for balancing our lives. His down-to-earth writing simplifies spiritual concepts and answers timeless questions in a heartfelt narrative that brings this sacred philosophy beautifully to life. What is love? What is the soul? Who is God? How can we live in the physical world without losing touch with the spiritual? In concise and approachable language, Radhanath Swami sheds light on how to answer these vital questions and offers solutions to life's challenges with the simplest of resources. Reach beyond the material world and journey within to discover the beauty of the true self.

Black Lotus Mandala Publishing Group  
Part memoir and part investigative report, *Eating Animals* is the groundbreaking moral examination of vegetarianism, farming, and the food we eat every day that inspired the documentary of the same name. Bestselling author Jonathan Safran Foer spent much of his life oscillating between enthusiastic carnivore and occasional vegetarian. For years he was content to live with uncertainty about his own dietary choices but once he started a family, the moral dimensions of food became increasingly important. Faced with the prospect of being unable to explain why we eat some animals and not others, Foer set out to explore the origins of many eating traditions and the fictions involved with creating them. Traveling to the darkest corners of our dining habits, Foer raises the unspoken question behind every fish we eat, every chicken we fry, and every burger we

grill. Part memoir and part investigative report, *Eating Animals* is a book that, in the words of the Los Angeles Times, places Jonathan Safran Foer "at the table with our greatest philosophers" -and a must-read for anyone who cares about building a more humane and healthy world.

*Pax, Journey Home* Simon and Schuster  
The conscious force within our body, our true self, is illuminating our body and mind with consciousness. When the real wealth of the soul is uncovered, then we enter into the ocean of spiritual satisfaction and are able to tolerate the miseries of material existence.

*Art of Resilience* Torchlight Pub  
THE INTERNATIONAL BESTSELLER. Do you ever have the feeling that life isn't going your way? Discover how to master the monk mindset with world-renowned motivational coach and Indian monk Gaur Gopal Das as he reveals how to tackle our modern anxieties with characteristic serenity, profound wisdom and irresistible humour. In *The Way of the Monk*, Das takes us on an unforgettable journey and offers precious insights to make life happier and easier, even in the stormiest of times. Whether you are looking to find your purpose, strengthen relationships, discover inner calm or give back to the world, this thought-provoking book will challenge you to change your outlook and align yourself with the life you want to live. \*Previously published as *Life's Amazing Secrets*\*

**Adventures of a Modern Kingmaker**  
Createspace Independent Publishing Platform

*Miracle: The Long Journey Home* is a personal narrative of tragedy and loss and one survivor's forty-year journey from trauma and hatred to joy and love through the grace of God. As a

seventeen-year-old, the author was the victim of gun violence resulting in the death of a friend and coworker when an armed assailant entered the McDonald's restaurant at which she worked in 1979. The story tells of the trauma experienced by all present that night and the long journey that the author would take over forty years, leading her back to the gunman who committed the crimes and back to our Heavenly Father. Parallel to the author's story is the gunman's background and experience from childhood through his spiritual conversion while incarcerated. The spiritual journey of both the author and the gunman allowed not only for her to forgive him, but to embrace him as her friend and spiritual mentor. This is not an ordinary story of forgiveness, but rather a story of how a deep love of God cleanses the soul of all hatred and anger, leaving only love. The author describes a faith journey that will inspire all, especially those who have been traumatized as survivors of tragedy. Moreover, it will inspire a belief in the power of God to manifest His goodness in the darkest of days of despair, bringing light to even a prison cell where redemption can be born and the unlikely of friendships becomes possible.

*I Said Yes* HarperCollins

The story of one man's journey from his youth in suburban Chicago to an adult in spiritual India and a world of mystics, yogis, and gurus. Within this extraordinary memoir, Radhanath Swami weaves a colorful tapestry of adventure, mysticism, and love. Readers follow Richard Slavin from the suburbs of Chicago to the caves of the Himalayas as he transforms from young seeker to renowned spiritual guide. *The Journey Home* is an intimate account of the steps

to self-awareness and also a penetrating glimpse into the heart of mystic traditions and the challenges that all souls must face on the road to inner harmony and a union with the Divine. Through near-death encounters, apprenticeships with advanced yogis, and years of travel along the pilgrim's path, Radhanath Swami eventually reaches the inner sanctum of India's mystic culture and finds the love he has been seeking. It is a tale told with rare candor, immersing the reader in a journey that is at once engaging, humorous, and heartwarming. Praise for *The Journey Home* "Here is an inspiring chapter of "our story" of spiritual pilgrimage to the East. It shows the inner journey of awakening in a fascinating and spellbinding way." —Ram Dass, author, *Be Here Now* "He tells his story with remarkable honest—the temptations of the 1970s, his doubts, hopes, and disappointments, the culture shock, and the friendships found and lost . . . Add a zest of danger, suspense, and surprise, and Radhanath Swami's story is a deep, genuine memoir that reads like a novel." —Brigitte Sion, assistant professor of Religious Studies, New York University

Being Ram Dass The Golden Sufi Center The incredible bestselling book from the author of *No Barriers* and *The Adversity Advantage* Erik Weihenmayer was born with retinoscheses, a degenerative eye disorder that would leave him blind by the age of thirteen. But Erik was determined to rise above this devastating disability and lead a fulfilling and exciting life. In this poignant and inspiring memoir, he shares his struggle to push past the limits imposed on him by his visual impairment—and by a seeing world. He speaks movingly of the role his family played in his battle to break

through the barriers of blindness: the mother who prayed for the miracle that would restore her son's sight and the father who encouraged him to strive for that distant mountaintop. And he tells the story of his dream to climb the world's Seven Summits, and how he is turning that dream into astonishing reality (something fewer than a hundred mountaineers have done). From the snow-capped summit of McKinley to the towering peaks of Aconcagua and Kilimanjaro to the ultimate challenge, Mount Everest, this is a story about daring to dream in the face of impossible odds. It is about finding the courage to reach for that ultimate summit, and transforming your life into something truly miraculous. "An inspiration to other blind people and plenty of us folks who can see just fine."—Jon Krakauer, New York Times bestselling author of *Into Thin Air*

**The Greatest Spiritual Epic of All Time**  
Independently Published

Within this extraordinary memoir, Radhanath Swami weaves a colorful tapestry of adventure, mysticism, and love. Readers follow Richard Slavin from the suburbs of Chicago to the caves of the Himalayas as he transforms from young seeker to renowned spiritual guide. *The Journey Home* is an intimate account of the steps to self-awareness and also a penetrating glimpse into the heart of mystic traditions and the challenges that all souls must face on the road to inner harmony and a union with the Divine. Through near-death encounters, apprenticeships with advanced yogis, and years of travel along the pilgrim's path, Radhanath Swami eventually reaches the inner sanctum of India's mystic culture and finds the love he has been seeking. It is a tale told with rare candor, immersing

the reader in a journey that is at once engaging, humorous, and heartwarming. **The Magic Ten and Beyond** Mandala Publishing

From the co-founder of the yoga method that launched yoga into the mega-popular mind-body practice that it is today (the Jivamukti method), here is a simple guide to developing your own individualized daily spiritual practice for greater peace and well-being. This powerful little book from legendary yoga teacher Sharon Gannon shows readers how to design their very own daily spiritual practice, incorporating yoga poses and practices, meditation, blessings, and other spiritual practices, to begin one's day in a positive and life-affirming place. While many people experience yoga only in yoga studios, Gannon explains that it is highly beneficial to have a private spiritual practice that can be done at home. Replete with how-to instructions on the ten simple yoga poses Gannon recommends readers do for health and flexibility, as well as guidance on meditation, blessings, and awareness exercises that can be added to the mix, this book will help readers infuse their day with greater focus, compassion, and joyfulness.

**My Story of Heartbreak, Redemption, and True Love** Jaico Publishing House

*Chanakya in You* is the charming, lighthearted yet profound tale of a man inspired by his grandfather to seek the wisdom of the Arthashastra. Journey with a modern-day disciple of Chanakya as he goes from being an aimless youth to the richest man in the world, inspiring a whole nation to take up study of Sanskrit and ancient Indian literature for business success. Interestingly, this book does not have a single character with a name.

The story is about you and your journey through life. While you flip through the pages, you may well find yourself walking the hero's path to bring out the Chanakya inside you. The book can be read by a parent or a young adult, by a business tycoon or an academic scholar, with equal ease and interest. This is a book for the people; a book that makes you think. Don't put it down until you discover the Chanakya in You!

Radhakrishnan Pillai, has an MA in Sanskrit and is a certified explorer of the magic of Chanakya and the Arthashastra. After the runaway success of his first book *Corporate Chanakya*, followed by a second bestseller, *Chanakya's 7 Secrets of Leadership*, Pillai brings Chanakya to life in his business fiction *Chanakya in You*. He can be reached at [Twitter@rchanakypillai](#) and [Facebook](#) :

[/RadhakrishnanPillaiOfficial](#)

**The Agni and the Ecstasy: Collected Essays of Steven J. Rosen** Christian Faith Publishing, Inc.

An inspiring tale of adventure, enlightenment, and spiritual discovery read by the author, *The Journey Home* follows a young man on his path toward becoming one of India's great spiritual leaders. In this extraordinary memoir, Radhanath Swami weaves a colorful tapestry of adventure, mysticism, and love. Listeners are guided by the author, the former Richard Slavin, from the suburbs of Chicago to the caves of the Himalayas as he transforms from young seeker to renowned spiritual guide. The *Journey Home* audiobook provides an intimate firsthand account of the steps to self-awareness, a penetrating glimpse into the heart of the mystical traditions of India, and a commentary on the challenges that must be faced on the path to inner harmony and union with

the Divine. Through near-fatal encounters, apprenticeships with advanced yogis, and years of travel along the pilgrim's path, Radhanath Swami eventually reaches the inner sanctum of India's mystical culture and finds the love he has been seeking. His is a tale told with rare candor that immerses the reader in a journey at once engaging, humorous, and heartwarming. This audiobook presents a rare opportunity for listeners to have an incredibly intimate and personal experience with a globally respected and sought-after guru as he speaks on the details of his own life. Supplemented with atmospheric music and an array of sound effects reminiscent of classic radio dramas, this audiobook will fascinate listeners for hours.

**Living with the Himalayan Masters**

Arktos

'Unposted Letters' by Mahtria Ra is one of those books that aims to transcend all religions and castes, and touch the core of the readers in a profound way irrespective of their social position, status and the likes. 'Unposted Letters' is a spiritual and inspirational book that urges the readers to find happiness in every small things and feel the presence of God Almighty everywhere. By illustrating the simple with the powerful, this is a book that deals with knowledge and enlightenment and talks about Life as it is, about how it should be led that is bereft of any jealousy and wrath. Published by Manjul Publishing House, this book is available in hardcover.

*The Way of the Monk* Simon and Schuster

*Black Lotus: The Spiritual Journey of an Urban Mystic* explores the life and mission of His Holiness Bhakti Tirtha Swami, an African-American seeker who became one of the most influential

spiritual leaders of the twentieth century. His story begins in a Cleveland ghetto and culminates in the spiritual world. Along the way, readers meet John Favors, known by family and friends as "Johnny Boy." A particularly gifted youth, he overcame numerous obstacles, including a speech impediment and impoverished conditions, to reveal his exceptional character, wisdom, and spirituality. In his teenage years, he worked with Dr. Martin Luther King and the Southern Christian Leadership Conference and became a young but prominent participant in the Civil Rights movement. As months turned to years, he excelled in school and went on to Princeton University, uncommon for an African-American in the late-1960s. While there, he majored in psychology and learned the science of yoga. His abiding interest in black consciousness, the powers of the mind, and Eastern philosophy, however, was overshadowed by his spiritual inclinations, which led him to the Hare Krishna movement, known in India by its traditional name, Vaishnavism. This is the ancient science of the soul, long forgotten in the West and known in its purest form only to a select few even in the mystic East. Through his intense practice, "Johnny Boy" quickly transformed into "Bhakti Tirtha Swami," an adept who became renowned for his severe asceticism; his heartfelt praying; his material and spiritual welfare work around the world; his initiation of hundreds of students into the practice of bhakti (devotional yoga); and his coronation as a High Chief in the prestigious Warri kingdom of Nigeria. But his greatest accomplishments involved pragmatic application of high ideals - simple living and high thinking. To this end, he established farm communities, schools for children, published books,

and founded the nonsectarian Institute for Applied Spiritual Technology (IFAST), which sponsors seminars and provides workshops for professionals and spiritual seekers of various persuasions. In the process, he demonstrated that effective spiritual life includes the best aspects of psychology and principle-centered leadership. More, he taught how to balance head and heart in pursuit of the spirit. His inspiring story is enriched by personal interviews with family, friends, college professors, mentors, disciples, and other fellow travelers on the spiritual path. These interviews make their appearance in the book as inset quotes, allowing his associates to speak for themselves. As a result, *Black Lotus* offers an intimate look at the Swami's life and times, which blossom on these pages for the first time in written form. As the beauty and sublime perfection of a lotus rises in supreme majesty above its stem, which is buried deeply in clouded waters, so *Black Lotus* is a tribute to one who rose above all boundaries and limitations, and inspired others to do the same.

Harvest House Publishers

As yoga continues to grow in popularity as a modern exercise and fitness movement, it is important to take notice of the greater spiritual tradition that forms its core. This book sheds light on the greater tradition and teachings of yoga, providing readers with an important approach to the practice that can harmonize their existence both individually and collectively. 'Yoga' provides all students with a new appreciation of their discipline's universe. *Eating Animals* Torchlight Publications  
Have You Seen My Son? is Jack Olsen's powerful novel of child-snatching and a mother's obsessed hunt for her five-

year-old son – “a gripping, intensely moving novel,” writes Robert Daley, author of *Prince of the City* and *Year of the Dragon*. “The ending left me with tears in my eyes. There is no love like mother love, is there?” And no greater test of it than what Lael Pritcher is about to endure. One cool April day, Mike Pritcher visits the home of his estranged wife, Lael, and takes their son, Ace, for an overnight outing. “She pushed her son’s black-rimmed glasses up the slope of his thin nose. He jerked away like a puppy slipping its leash. A giggle, a crunch of gravel, a single wave of a grimy hand, and her only child was gone.” Gone – child-snatched, though Lael won’t realize that right away, and won’t understand what it means even when the police tell her it’s a “domestic matter.” “You got the right to snatch him back,” her lawyer explains. “That’s about it.” So that’s what she sets out to do, in one of the most suspenseful, emotion-wrenching novels in recent years. *Have You Seen My Son?* is Lael Pritcher’s story, as she searches for her son throughout the Northwest, Canada and finally Mexico; an odyssey of near-misses and sudden reversals, searing loneliness and unshakable love, as Lael reaches deep inside herself for a resourcefulness and strength she never knew existed. Combining intimate drama with powerful suspense, this is a story with which every woman – and every man – will identify.

[Uncovering Spiritual Truths in Psychic Phenomena](#) The Journey

HomeAutobiography of an American Swami

Today's world is suffering from an overdose of lust, while people everywhere are starving for love. In *Spiritual Warrior II*, Bhakti Tirtha Swami offers profound insight into the critical

issues of the body, mind, and spirit that touch us all. Tough questions are addressed, such as: What is love? Where does lust come from? How can sexuality become a constructive force? How can we have better relationships? Provided with insightful answers stemming from a broad, compassionate perspective deeply grounded in spirituality, we are shown how to live from the heart, loving ourselves, one another and God.

**The Greater Tradition** Manjul Publishing

*My Journey Through Time* is a spiritual memoir that sheds light on the workings of karma- the law of cause and effect that creates one's present circumstances and relationships-as we see it unfold through Dena's vivid memories of her previous births. We travel back in time as Dena learns of a life in early 20th century Russia, ranging from the overthrow of the Czar through Nazi Germany; then it's back further to a life in early 19th century America in the Deep South, and before that to a time in Africa in the early 18th century. Her lives in the East-in Persia, Japan, and India-go back to the 15th-17th centuries. With each past life, we can see the way in which it has impacted her present life, how it has stemmed from the end of the previous birth, and how it will influence her next life. Dena Merriam is the founder of an interfaith organization, the Global Peace Initiative of Women. A long-time disciplined meditator, Dena's access to her past lives brings a clearer awareness and purpose to her present life, and also overcomes any fear of death. The memories are triggered when Dena meets a new person or visits a new place in her current life. The memories bring remembrances of past suffering, but also recollections of spiritual teachers and wise guidance. She has not

used and does not advocate past-life regressions or hypnosis as a way to prompt memories to return. Dena has decided to share her story, despite being

a very private person, in hopes that it can provide comfort and awaken the inner knowing of your own ongoing journey through time.