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**Anorexia: Lucy Howard-Taylor - Life Matters - ABC Radio ...** Biting Anorexia A First HandBiting Anorexia

offers some very enlightening first-hand accounts, as well as hope for recovery and additional resources for those suffering from an ED and those caring for them. I found this inspiring and incredibly helpful in broadening my understanding of such disorders. Biting Anorexia: A Firsthand Account of an Internal War by ... My name is Lucy. I am in recovery from anorexia nervosa and major depression, each of which almost

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Lucy is an 18-year-old Austra-  
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Lucy Howard-Taylor is 19, and she knows  
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